

Clockwise walk sections one and two last checked	Clockwise walk section three last checked	Anti-clockwise walk section one last checked	Anti-clockwise sections two and three last checked
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Lewes Circular via Glynde and Southease

An energetic walk over three South Down ridges with great views

Length: 23.6km (14.6 miles)

- Lewes to Glynde	6.2km (3.8 miles)
- Glynde to Southease	6.3km (3.9 miles)
- Southease to Lewes	11.1km (6.9 miles)

Toughness: 7 out of 10: three steep climbs, but mostly level walking on good paths with easy navigation

Maps: Explorer OL11 (formerly 122), Landranger 198

Features

This is an energetic walk (550 metres or 1,600 feet of ascent) over three distinct downland ridges, with magnificent views throughout. One of the pleasures of the walk is that the entire route is in view for much of the walk, so you can look back at the terrain you have already done or ahead to the delights to come. Navigation is easy, the walking is over wide and distinct paths, and while there are three substantial climbs, most of the walk is flat, gently undulating or downhill.

As well as plenty of grand downland walking, the route includes a start and finish in historic Lewes, quaint corners of which you see both at the start and end of the walk, an optional detour to Mount Caburn (Iron Age fort) with its dramatic viewpoint of the whole circuit, and the pleasant small village of Glynde. You also pass the remote station of Southease, with its YHA cafe nearby. You can do the walk either clockwise or anti-clockwise - see **Walk Options** below.

Walk options

Directions are given to do this walk anti-clockwise (Lewes-Southease-Glynde-Lewes) or clockwise (Lewes-Glynde-Southease-Lewes). There is not much to choose between them in terms of views or gradients climbed: rather it is the length of sections and the positioning of lunch and tea options:

Anti-clockwise (directions on pages 3-5) is in many ways better. It has the advantage that you get the long Lewes to Southease section out of the way first, and this provides a decent length section before you get to lunch at the Abergavenny Arms in Rodmell. Doing the Lewes to Southease section in this direction also means you have a long pleasant descent with fine views to Rodmell, and also, in section two, to Glynde. In the afternoon, the Little Cottage Tea Rooms in

Glynde (if they are open) are a possible tea stop, though sadly there is no longer a pub stop in the village. You then have an exhilarating finish over Mount Caburn that brings you directly down into the part of Lewes with the best tea options (Cliffe High Street). If tired, you can omit this last section and still enjoy a 17.4km (10.8 mile walk).

Clockwise (directions on pages 6-9) leaves the longest section, Lewes to Southease, till last, and you face a long slow climb up to the highest point on the walk as part of this. If you feel too tired to tackle this, you have to finish the walk at Southease, after just 12.5km (7.7 miles). There is also a long slow climb out of Glynde. Now that the Trevor Arms in Glynde has closed, the only lunch option in that village is the Little Cottage Tea Rooms, if they are open. After that, the next refreshment is at the YHA Cafe in Southease after 12.3km (7.6 miles), while the only possible pub lunch is in Rodmell, after 14.5km (9 miles).

You can also do the **circular walk starting in Glynde or Southease**, though if doing the latter by train, note that, the YHA cafe excepted, there are no pubs or facilities at this station, and only a basic shelter on its platforms.

Shorter walk options As there is a station at the start and end of each section of this walk, you can do any one section as a walk in its own right, or any two consecutive ones (even starting at Southease, lunching in Lewes and finishing in Glynde or vice versa). If you are planning to walk from Lewes to Southease clockwise, however, you may like to consider the Lewes via West Firle walk on this website which covers some extra territory not included on this route.

Longer walk options: Heroic types might like to substitute the directions for the Lewes via West Firle walk on this website for the clockwise section two of this walk from Glynde to Southease, taking in a longer downland section and the pretty village of West Firle with its possible lunch stop at the Ram Inn. To do this, follow the directions in this document as far as the end of clockwise section one and then follow the Lewes via West Firle directions from point [3]. At Southease carry on with clockwise section 3 of this walk. This adds **6.3km (4 miles)** to the walk, making a total walk length of **29.9km (18.6 miles)**.

Transport

Trains to **Lewes** go twice hourly from Victoria (hourly on Sundays). The recommended train for the anticlockwise walk is the one closest to 9.45am, but if doing the clockwise walk and aiming to lunch in Rodmell the 9.15am might be a good idea.

To start or finish at Glynde or Southease (hourly trains in either case), change at Lewes. Connections are usually better for the Southease trains than the Glynde ones. A day return to these stations is valid for return via Lewes.

Lunch and tea

*The **Trevor Arms**, the pub in Glynde has sadly now closed.*

The **Little Cottage Tea Rooms** (01273 858 215) next to the post office in Glynde, serve cream teas in a pleasant garden from 11am to 4pm Thursday to Sunday most of the year, but only at weekends in January and February. In the Easter, late May and summer school holidays it is open daily except Wednesday. **Glynde Stores and Post Office** next door to the tea room serves takeaway coffee and hot chocolate (*but **not** tea!*) until 2pm Wednesday, 4pm Saturday and 3pm other days.

The **YHA Courtyard Cafe** near Southease station is open till 8.30pm daily serving burgers, pizzas, salads, jacket potatoes, toasties, hot drinks and cakes.

Abergavenny Arms, Rodmell (01273 572416) is a popular pub with a pleasant outdoor terrace and is now the only possible lunch pub on this walk. It is open 12pm to 10pm daily and serves food all afternoon until 8.30pm (8pm Sunday).

Where you have tea in **Lewes** will probably depend on which direction you are doing the walk in. On the anti-clockwise walk the pedestrianised **Cliffe High Street** is the first bit of the town you come to, and has several cafes and eating places as well as some fine old pubs. On the clockwise walk a short diversion off the walk route as you approach Lewes would take you to the charming

Juggs Inn in the village of Kingston. Otherwise the road leading up the hill from the station may have one or two independent cafes (*they seem to come and go...*), while a back stop option is a **Caffe Nero** in the High Street open until 6pm daily. In both directions the **Landsdown Arms** is a characterful pub near the station, and **The Runaway**, the cafe on platform 2 of Lewes station, is recommended for its excellent range of cakes and inside seating: it is open until 6.50pm Monday to Friday, 5.50pm Saturday and 5.20pm Sunday.

Anti-clockwise

Section 1: Lewes to Southease (11.1km/6.9 miles)

1. Coming out of the main entrance of Lewes station, turn right on Station Road, which crosses the railway.
2. In 100 metres turn left on Southover Road.
3. In 150 metres cross over Garden Street and enter the flint-walled arched gate of **Southover Grange Gardens**. Continue on the path inside the gardens, with a wall to your right.
4. After 100 metres take the path off to the left across the lawn. Then after 40 metres (and 20 metres before some toilets) turn right just before the watercourse.
5. In 70 metres pass through a stone arch and turn left on a red brick path across a footbridge. Then veer right to exit the gardens in 70 metres through an arch in the far corner.
6. Turn left uphill on a road. In 50 metres, at a junction, with the Kings Head pub on your left, turn right on Southover High Street.
7. Continue along this street passing Southover parish church on your left and, in 200 metres, **Anne of Cleves House** on your right.
8. In 300 metres more cross a mini-roundabout and veer slightly left with the main road, passing the **Swan Inn** on your right.
9. In 30 metres turn right up Juggs Road, taking the bridleway to the left of the road initially, then rejoining the road.
10. In 300 metres turn left with the road over a bridge high over the A27. Beyond, follow the road around to the right again, climbing uphill.
11. In a further 400 metres, at the very top of the hill and just after a house on the left, the lane starts to descend and becomes a gravel track. Keep straight on down this.
12. In 300 metres emerge into a field and carry straight on across it on a wide grassy path.
13. In 600 metres more, after passing a windmill on your right, exit the field through a wooden gate to go past some stables on your right and a mock-Tudor house on your left. The path becomes a tarmac lane.
14. In 200 metres cross over a road (**take care**, as traffic comes quite fast), and continue up the side road opposite.
15. In 400 metres, where the road ends at a junction of tracks, keep straight on up a track between hedges.
16. In 300 metres go through a metal gate to the left of a metal fieldgate and keep straight on.
17. In 100 metres more, where the hedges end and the path divides, take the left fork to follow the path upwards, with a wire fence to your left.
18. Ignore all ways off until in 600 metres you come to the top of the ridge. Here the track veers left to merge with the South Downs Way, as indicated by a three-armed footpath post.
19. Follow the South Downs Way along the escarpment. In 70 metres pass through a wooden gate, and continue along the ridge with a barbed wire fence on your right.
20. In 100 metres you are on a track along the edge of the ridge, with magnificent views to the left. In 250 metres this curves around a natural bowl, and in 250 metres more around a much larger bowl.
21. In 200 metres more, at the apex of this second larger bowl, ignore a concrete farm track slanting sharply left downhill, and keep straight ahead. But in another 180 metres, where a fence blocks your way, turn right through a wooden gate, following the South Downs Way arrow
22. In 60 metres you come to a concrete track. Turn left down this.

23. After a long gentle descent with fine views ahead, in 1.6km cross a track and pass through a gate into another field and carry on down its left-hand edge.
24. In 400 metres again pass through a gate, cross a track and pass through another gate, and again keep on down the left-hand edge of the next field.
25. In 400 metres more pass through a gate and on down a fenced-in footpath.
26. In 230 metres you come to a road, with the gates of Mill Hill House to your right.
 - **For lunch at the Abergavenny Arms**, turn left down this road and continue with paragraph 27 below.
 - **If you are not planning to have lunch at the Abergavenny Arms**, keep straight ahead through a gate into a field, staying on the South Downs Way. This descends a hillside coming to a gate at the bottom in 400 metres. Beyond the gate turn left onto a path passing through a fieldgate in 60 metres. In another 30 metres turn left at a T-junction and follow a track along the bottom of a valley. In 1km as the track comes to a line of trees, turn right off it, following the South Downs Way sign, up a path alongside a fence (initially to the left, then to the right). In 70 metres pass through a gate and curve right and then left with the path up a hill to come to another gate and a road junction beyond in 150 metres. Cross a minor road and carry on along the edge of the main road. In 50 metres cross the main road with care and go down a side road signposted South Downs Way. In 150 metres Southease church is on your right (with a useful drinking water tap by its front gate). Continue with the directions in paragraph 32 opposite.
27. In 800 metres you come to the main road and the centre of **Rodmell**, with the **Abergavenny Arms**, the recommended lunchstop, ahead.
28. After lunch, come out of the pub and turn left on the main road.
29. In 200 metres, just after the last house on the left, turn left up a tarmac driveway and immediately turn right onto a stony path, signposted as a permissive footpath. In 40 metres this brings you out onto the edge of a field. Follow this down into a dip for 250

metres and through a gate into another field.

30. Carry on along the field edge (the field fenced off to your left) for 400 metres, as it turns left up some steps, right, and then left again and comes down to a T-junction with a part-overgrown driveway. Turn right on this and in 5 metres pass through a gate onto a road.
31. Turn left downhill on the road. In 70 metres you pass Southease Church on your right, which has a drinking water tap in front of it.
32. Carry on down the road, which in 150 metres emerges into open country. In 300 metres more it crosses the River Ouse. In another 280 metres it turns left and in 100 metres comes to **Southease station**. Trains to Lewes are on this side of the tracks.

Section 2: Southease to Glynde (6.3km/3.9 miles)

1. Coming of the platform at Southease if arriving from Lewes, do not cross the line, but take the road leading east away from the station. (*If coming from section one, cross the line by the level crossing or footbridge and carry on down the road.*)
2. In 150 metres the **YHA Courtyard Cafe** is 70 metres ahead of you, but your onward route is to turn right up a track marked by a three-armed signpost, the South Downs Way.
3. Follow the track as it turns left in 60 metres and climbs up onto a footbridge to cross over the main road in another 100 metres. 100 metres after the bridge merge with a track from the left and curve right with the track across the slope.
4. In 120 metres you pass through a gate to the right of a fieldgate. A **short cut path** leads directly up the hill to the left here, coming out at the top of the ridge mentioned in paragraph 6 overleaf. But **for a gentler climb** keep straight ahead on the track.
5. In 200 metres fork left to curve left more steeply uphill with the track. In 150 metres more, 100 metres before a cattle stockade ahead of you, **fork left to keep on the SDW**, now a grassy track that slants back across the hillside, with a fence soon starting to the right.

6. In 400 metres, where the fence ends, curve right uphill to come to the top of the ridge in 150 metres. Follow this eastwards, with fine views of Newhaven to your right and of Lewes to your left.
7. In 300 metres go through a gate and keep on, in 180 metres passing a trig point on your left.
8. In another 1km, at a four-way junction with communication masts visible on the hill 250 metres ahead, turn left downhill on a track (initially part tarmac).
9. Follow this track all the way downhill. In 1.4km it levels out and becomes a road and in 800 metres more comes to the A27.
10. Cross this road with care using the central strip, and carry on down the road into Glynde. In 700 metres you pass the site of the former Trevor Arms, now closed, on the left, and shortly afterwards the road curves left across the railway bridge. The entrance to **Glynde station** is just beyond this on the left.

To continue to the next section, keep on past the station on the road. In 100 metres the station approach road joins from the left. Continue with paragraph 2 below.

Section 3: Glynde to Lewes **(6.2km/3.8 miles)**

1. Coming out of Glynde station, follow the approach road down to the main road through Glynde village and carry on along it. (Or if coming from section two above, simply keep on past the station on the road.)
2. 250 metres after the station approach road joins the road (and just after Glynde Forge on your right), turn left up a side road, Ranscombe Lane.
3. In 30 metres **Glynde Stores and Post Office** is on your left, and just beyond it the **Little Cottage Tea Rooms** on your left. 20 metres after the tea room turn right through a gate and follow the path up across a field.
4. In 180 metres pass through a kissing gate (somewhat hidden) to the left of a metal fieldgate into another field. Carry on uphill on a wide grassy path with a fence to your left.
5. In 500 metres exit this field through a kissing gate and carry on up the open downland on a faint grassy path.
6. In another 450 metres you come to a fence with a wooden kissing gate in it. *Turning left here brings you to the summit of **Mount Caburn**, which has **panoramic views** but adds 750 metres (375 metres out and back...) to the walk.* However the onward route is to turn right before kissing gate and follow the fence over a low hill.
7. In 500 metres, 250 metres beyond the crest of the hill, cross a stile to the right of a fieldgate and keep ahead across a flat hill.
8. In 350 metres cross a stile between two fieldgates. Beyond, veer left on a grassy path towards a dip, ignoring a grassy track leading to a chalk track ahead.
9. In 120 metres cross a chalk track in the dip and slant left up a grassy track leading to the summit of the hill ahead.
10. In 250 metres, when you come to the summit, carry straight on, aiming for a metal gate near a corner in the fence 200 metres away.
11. Pass through the gate onto a well-defined path along the side of the ridge, with a valley to your left.
12. In 550 metres pass through a gate to the right of a fieldgate. Beyond, ignore a path forking right to keep ahead along the valley edge.
13. In 200 metres the path starts to gently descend.
14. In another 1km you come to a hedge ahead, with the escarpment unseen beyond and a bank of vegetation to your right. Here go through a kissing gate in the right-hand corner to emerge onto a road with a grey golf club building ahead.
15. Follow the road downhill. In 600 metres, after a steep descent past pretty houses in its later stages, you come to a crossroads at the bottom of the hill. Ahead is **Cliffe High Street**, at the far end of which are various cafes and pubs on either side of a bridge over the River Ouse.
16. 100 metres after the bridge, at the end of the pedestrian section, turn left on a road.
17. In 80 metres keep ahead at a roundabout. In 300 metres more you come to a crossroads with the **Landsdown Arms** pub on the right. **Lewes station** is visible downhill to the left.

Clockwise

Section 1: Lewes to Glynde **(6.2km/3.8 miles)**

1. Coming out of the main exit of Lewes station, turn right across the railway bridge. In 100 metres turn right down Landsdown Place.
2. In 300 metres go straight on at a mini-roundabout. In another 80 metres turn right onto the pedestrianised high street.
3. In 100 metres cross the river and continue along Cliffe High Street until it ends at a junction with Malling Street. Cross this and go more or less straight on up a small road called Chapel Hill.
4. Follow this road which soon climbs steeply uphill. After 200 metres the houses end and in another 50 metres you can take the path parallel to the road to the right, which after a while gives you fine views over Lewes.
5. In another 300 metres you come to the car park and clubhouse of Lewes Golf Club. Pass to the right of this and through a wooden gate onto open downland. Veer left onto a clear path past a water trough.
6. In 400 metres keep left on a path that slants gently uphill along the ridge, ignoring the right fork which descends into a valley (*a large wooden post formerly marked this, but has now fallen over*).
7. In 750 metres pass through a gate to the left of a fieldgate and keep on along a more level path, now with a steeper slope to your right.
8. In another 550 metres, at the top of the ridge ahead, pass through a gate and turn half right over the summit of a low hill 200 metres away, ignoring a path that skirts to the right of the summit.
9. Beyond the summit carry on down a grassy track into a dip (at the head of bowl in the hillside).
10. At the bottom of the dip in 250 metres cross a chalk track and carry on uphill to a stile between fieldgates in 120 metres. Cross this and keep straight on up a grassy slope on faint grass track.
11. In 350 metres cross a stile to the left of a fieldgate, ignoring a fieldgate into another field to the right of it.
12. You now have a fence on your right and are climbing steadily along the top of the ridge. In 250 metres you come to the crest of the hill and carry on gently downhill, still on the ridge line, with Mount Caburn visible ahead.
13. In 250 metres more, 200 metres before Mount Caburn and level with a wooden kissing gate to your right, **turn left** on a path that soon starts to go directly downhill. (*If you want to visit **Mount Caburn** with its **panoramic views**, adding 750 metres to the walk - 375 metres out and back - keep straight ahead along the fence, and then when coming off the mount turn right downhill at the kissing gate.*)
14. Carrying on downhill, in 450 metres pass through a kissing gate and keep straight on downhill along a field edge, with a fence to your right.
15. In 500 metres pass through a kissing gate in the lower right-hand corner of the field and continue downhill.
16. In 180 metres go through a wooden gate and turn left on a road. The **Little Cottage Tea Rooms** is in 20 metres on the right, and just beyond it **Glynde Stores and Post Office**.
17. 30 metres beyond the stores, turn right onto the main road through the village. In 250 metres the approach road to **Glynde station** is on your right.
To continue with the next section, ignore the station approach and keep on along the main road through the village. In 100 metres cross a railway bridge and turn right with the road after it. Continue with paragraph 2 overleaf.

Section 2: Glynde to Southease **(6.3km/3.9 miles)**

1. Coming out Glynde station, walk up the steps to the road and turn right over the road bridge. Beyond the bridge, follow the road round to the right.

*On the right just after crossing the road turns right is the former site of the **Trevor Arms**, now closed.*

2. Follow the road down through the village, ignoring ways off, until in 700 metres you come to the busy A27. **Cross this with care**, using the central strip.
3. Beyond, keep straight on up a side road, heading directly for the downs. The road becomes a track and starts to climb after 800 metres.
4. In another 1.4km you come to the crest of the downs, with communications masts visible 250 metres to the left. Turn right here at a signposted crosspaths, along the top of the ridge, joining the South Downs Way, initially a gravel track. There is a fine view of Newhaven to your left.
5. In 1km you pass a trigonometry point on your left and the path starts to go gently downhill. In another 180 metres you pass through a gate.
6. In 300 metres more the path starts to descend more steeply, and curves to the left for 150 metres to pick up a fence on your left. *At the point where the path starts to curve left, there is a **short cut** path that goes directly downhill. This brings you down to a track where you turn right, passing through the gate mentioned in paragraph 8.* But for a **gentler descent** and the official South Downs Way route, follow the line of the fence down across the slope.
7. In 400 metres you come down to a junction with a track and turn sharp right on it, still on the South Downs Way.
8. In 350 metres you pass through a gate to the left of a fieldgate.
9. In another 120 metres fork left off the track following a South Downs Way sign to come to a footbridge over a main road in 100 metres.
10. On the far side of the bridge follow the path as it curves right to a track T-junction in 100 metres. Turn right here to come in 60 metres to a track crossroads.
11. 70 metres to the right at this junction is the **YHA Courtyard Cafe**, but your onward route is to turn left, which brings you in 150 metres to **Southeast station**. Trains to Lewes go from the platform on the far side.

Section 3: Southeast to Lewes **(11.1km/6.9 miles)**

1. Coming off the train from Lewes at Southeast station (or carrying on from section 2), cross over the footbridge or level crossing to carry on down a lane parallel to the railway line
2. In 80 metres the road curves right and in 280 metres it crosses the River Ouse. In another 300 metres you come to the village of **Southeast** (not named here), and the road starts to climb. In 150 metres there is a church on the left with a drinking water tap in front of it.
3. Otherwise, ignore the turning left to the church and carry on up the road. 70 metres beyond the church, a permissive path is signposted to the right. **Here you have a choice.**
 - **To have lunch or tea at the Abergavenny Arms**, take the permissive path to the right, signposted to Rodmell. Follow the directions in paragraph 4 below.
 - **If you do not intend to have lunch or tea at the Abergavenny Arms in Rodmell**, stay on the road for another 70 metres until a T-junction with a main road. Cross the main road with care and turn right. In 30 metres cross over a side road and pass through a gate into a field. Keep straight on for 30 metres and then follow the path downhill, around to the right, and to the left again to come to another gate in 120 metres. Beyond, follow a path along a fence. In 70 metres more turn left on a track along the bottom of a valley. After 1km, just before you come to a farm, the SDW is signposted to the right. Pass through a gate in 30 metres and then in 60 metres turn right through a gate onto the open hillside. Follow the grassy path uphill, curving left, until in 300 metres or so you come to the top of the hill. 100 metres beyond it pass through a gate in the field corner, go straight on across a junction with a lane right and a gated house called Mill Hill left, onto a fenced path. Resume the walk directions at paragraph 11 overleaf.
4. Pass through a gate to the right of a fieldgate in 10 metres, and almost immediately turn left up the left-hand edge of a field (which is fenced off to your right), following a footpath sign.

5. At the top of the field the path turns right along its edge, and is now parallel to the main road to the left.
6. The path descends, turning left down steps and then right, to come in 300 metres to a gate into the next field. Keep on gently uphill on the left-hand edge of this field.
7. In 250 metres more, at the top of the slope with a house visible 80 metres ahead, veer left into the scrub, following a white arrow on a post, on a gravel path that brings you in 50 metres to the main road.
8. Carry on down the main road and the **Abergavenny Arms** is in 200 metres on the right.
9. After lunch or tea come out of the pub, cross the main road with care and veer slightly to the left up a side road.
10. Keep on up this road, ignoring ways off, to the very top of the hill in 800 metres. Here the road ends at the gates of a house called Mill Mill. Go right in front of the gates, onto a fenced path, joining the South Downs Way.
11. In 230 metres pass through a gate and carry on down the right-hand edge of a field.
12. In 400 metres more cross a track and go through another gate into a field, still keeping to its right-hand edge.
13. In 400 metres pass through a gate and cross a concrete track to carry straight on uphill across a vast field on another concrete track.
14. A very long climb ensues, with the best views behind you. In 1.6km the track comes to a fence and turns left. Here go **right**, onto a grassy path that leads to the escarpment edge.
15. In 60 metres pass through a gate and turn left to follow the South Downs Way along the escarpment edge, with a fence to your left.
16. In 180 metres merge with a track coming uphill from the right, and carry on along it, still on the edge of the escarpment.
17. In 600 metres the track veers left across a cattle grid into a field*. Keep straight ahead here, across the grass, passing through a gate to the right of fieldgate in 100 metres.

** A path to the right here leads steeply down the escarpment to the village of*

*Kingston. In 700 metres it comes down to a road, at the end of which, in 400 metres, is the **Juggs Inn**, a charming country pub. Just beyond the pub is a T-junction with a busy road: to get back to walk route, turn left on this. For 400 metres there are houses either side and then the road goes into a cutting, with a pavement only on the right-hand side, and climbs more steeply. In another 200 metres, at the top of the hill, turn right up a track, signposted as a bridleway to Lewes. Resume the directions in paragraph 22 below. This diversion is about the same length as the main walk route.*

18. 70 metres after the gate **fork right** at a three-armed footpath sign, leaving the South Downs Way, and following a sign to Kingston and Lewes.
19. Over the brow of the hill this becomes a gravel track. Follow this for 600 metres to the bottom of the hill. Here it merges with another track from the left and carries on between fields, with hedgerows on either side.
20. In 100 metres the track passes through a gate and in another 300 metres it becomes a residential road.
21. In another 400 metres cross a busier road and go straight on up a tarmac driveway.
22. In 200 metres emerge into a field and keep straight on across it, initially with a fence and windmill to your left. (Turn around while crossing this field for fine views of the ridge you have just done).
23. In 700 metres, at the end of the field, carry straight on up a path under trees, with a fenced field to your right.
24. In 300 metres the path becomes a tarmac lane, which in 400 metres turns left to cross the A27 on high bridge. Beyond the bridge turn right with the lane to carry on downhill.
25. In 300 metres you come to a T-junction with a main road and turn left onto it.
26. In 30 metres at a mini-roundabout veer right down Southover High Street.
27. In 500 metres you come to the **Kings Head** pub on your left.
 - The **shortest route** to the station is to stay on Southover High Street for 200 metres more, until you come to a mini-roundabout, with **Lewes station** visible to your left.

- **A prettier route** (and only 200 metres longer) is to turn left down the side road just before the Kings Head pub. *Continue with the next paragraph.*
28. In 50 metres fork right through a stone arch into **Southover Grange Gardens**. Turn right and in 15 metres take the red brick path to the left to cross a bridge with black metal railings in 50 metres.
 29. 20 metres beyond the bridge turn right through an arch and head for the far left-hand edge of the green space beyond. Here pick up a tarmac path and follow this to a gate in the far left-hand corner of the park.
 30. Pass through the gate and go straight ahead down a road, ignoring a side road downhill to the right.
 31. In 150 metres you come to a crossroads. **Lewes station** is 100 metres downhill to the right. The **Landsdown Arms** is on the opposite corner. The road climbing uphill to the left from the crossroads has various cafes, and brings you in 200 metres up to **Lewes High Street**, where **Caffe Nero** is 100 metres to the left. Alternatively going straight ahead at the crossroads by the Landsdown Arms brings you in 400 metres to the pedestrianised part of the high street, with various refreshment options.