| Last checked | Main | a) Short section | b) Princes Risbourough |
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## Saunderton via Bledlow Circular

## Chinnor Hill \& Bledlow Ridge

Start and Finish: Saunderton station
Length: 17.3 km (10.7miles). For a shorter walk and other variations, see below Walk options.

Time: 5 hours 20 minutes. For the whole outing, including trains, sights and meals allow 9 hours.

Transport: Trains run hourly between London Marylebone station and Saunderton (journey time: 42-51 minutes). Take the train nearest to 10.10 am . For those driving, Saunderton station car park is free.

OS Landranger Map: 165
OS Explorer Maps: 171, 172 and 181
Chiltern Society Maps: 7 and 14
Saunderton (station), map reference SU813 982 is in Buckinghamshire, 16km south of Aylesbury.

Toughness: 6 out of 10
Walk Notes: This walk through a peaceful part of the rolling Chiltern Hills has one or two steep hills, but the gradients are otherwise gentle and there are many fine views out over the valley and plain. The first part of the walk runs along the valley bottom before following the Ridgeway to lunch at Bledlow. In the afternoon you pass through a series of
secluded valleys before reaching Radnage, and then go over Bledlow Ridge and back along the valley to Saunderton.

Walk Options: Directions for the shorter variation are given at the end of the main walk text.
a) Short walk: You may reduce the length of the main walk substantially to 9 km ( 5.6 miles) by following the main walk directions until point [3]. Then follow the Short walk directions, before picking up the main walk directions again at point [8].
b) Alternative ending at Princes Risborough. You may vary the end of this walk, with the option of taking an early lunch at Lacey Green after 2.5 km (versus The Lions at Bledlow midway) and finish at Princes Risborough. The length of this route is 13 km ( 8.1 miles). Make use of the 2 b walk directions.

Other options: You may combine the Saunderton via Bledlow short walk with the Saunderton via West Wycombe short walk (see Walk 3) for an 18.3 km (11.4 miles) walk. This walk takes the form of a figure of 8 . With plenty of refreshment stops along the way, you may choose to start with either walk.

Walk 2
You can increase the length of the main walk by over 9 km ( 5.6 miles) to 26.6 km ( 16.5 miles) by combining it with the Saunderton via West Wycombe short walk. For the more ambitious, the walk may be lengthened by over 18 km (11.2 miles) to 33.3 km ( 20.7 miles) by combining it with the Saunderton via West Wycombe main walk. Both of these longer walks take the form of a figure of 8. You can start with either walk - there is no shortage of refreshment stops along the way.

## MAIN WALK DIRECTIONS

[1] Coming off the London train on platform 2 at Saunderton Station, go into the station car park and turn left down the station approach road (Saunderton Vale) to reach a T-junction after 120 metres. Turn right to head up a lane.

In 270 metres the lane curves slightly to the right. [!] In 30 metres, just as it bends sharply to the left, fork right and leave the lane, passing a double metal fieldgate on your right, and follow a twoarmed footpath signpost. In 5 metres you come out to the lower side of a field, where you turn half-right along the lower edge of the field, your direction 320 degrees.

In 150 metres, at the end of the field, turn right and cross into the next field. Keep straight on diagonally across the field, your direction north, merging with a hedge on your right after 100 metres. Keep to the right-hand side of the field. In a further 200 metres exit the field and continue along the side of the ex-Molins factory grounds with a fence to your left, your direction 340 degrees.

After 350 metres pass to the right of a 2 metre-high metal gate, then cross a lane (Haw Lane) and continue along a footpath into the next field. Carry straight on across the middle of this field, your initial direction 340 degrees, (further on the path curves to the left). In 450 metres go through a gap into the next field, to
continue along the right-hand edge of this field, bordered by a hedgerow, your direction 330 degrees.

In 450 metres, at the right-hand corner of the field, continue ahead. Pass between some farm buildings on your right and a thatched house on your left, keeping straight on at a footpath post with a yellow arrow.

30 metres after the thatched house the footpath comes out to a field. Pass to the left of a telegraph pole after 40 metres and follow a footpath that veers to the right. Aim towards the right side of another telegraph pole (where the field narrows), 70 metres distant, your direction 10 degrees. 40 metres past the telegraph pole cross a stile [2] and turn left along a quiet road.

In 170 metres fork left onto a signposted fenced-in footpath, opposite Carpenter's House, your initial direction 300 degrees. In 300 metres you pass to the left of an HV pylon tower.

In another 100 metres, cross over into the next field, passing a three-armed wooden path signpost on your right-hand side, to join the Ridgeway and continue up the left-hand edge of the field, your direction west.

In 200 metres, at the left-hand field corner, continue up to go through a (missing) wooden gate after 20 metres. In a further 60 metres you reach a wooden kissing gate with a three-armed signpost. [3]
[If you are intending to take the short walk refer to the Short Walk directions at the end of this main section.]

Otherwise for the main walk go through the wooden kissing gate and continue along the Ridgeway up a steeper gradient, your direction 260 degrees.

In 130 metres ignore a stile on your left and veer right as marked by a wooden post with a yellow (footpath) arrow and a Ridgeway (national trail) acorn on it, your

Walk 2
direction 310 degrees. You are now on the level going through a lightly wooded area along the line of the ridge. In 240 metres go through a wooden kissing gate, to continue along the top line of the ridge.

After 200 metres you start to go downhill through a more densely wooded area. In 250 metres, at the bottom of the hill, you emerge from the wooded area to go along the fenced-in left-hand edge of a field, your direction 340 degrees.

After 80 metres, just before the corner of the field, turn left through a metal kissing gate to cross a field, your direction 280 degrees. In 140 metres go over a crosspaths marked by a footpath post.

After 90 metres go through a metal kissing gate and into the next field, to turn half left diagonally across the corner of this field. In 130 metres go through a metal kissing gate to come out onto a road.

Turn left for 10 metres and then turn right through a metal kissing gate. Continue along the left-hand edge of a field, your direction 310 degrees. After 230 metres ignore a wooden gate on your left. In 20 metres go left through a wooden kissing gate into the next field, and turn right, to continue in the same direction along the bottom right-hand edge of this field.

In 200 metres turn right to go through a wooden kissing gate [4], leaving the Ridgeway. In 5 metres go through a wooden kissing gate. Turn half left, down a footpath across a field towards a stile bordering a clump of trees, your direction 350 degrees.

After 180 metres go up for 30 metres through the wooded area. At the top continue across a field in the same direction.

In 120 metres, at the far side of the field, cross a car-wide earth track (flanked by two wooden kissing gates) into a field, to continue in the same direction 350
degrees, along its right-hand edge. In 400 metres, at the corner of the field, go through a wooden kissing gate to cross into the next field. [5]
[If you are intending to take the walk ending at Princes Risborough pick up the
Alternative ending at Princes Risborough directions at the section sign [§] ]

After 500 metres, at the right-hand corner of this field, go through a wooden kissing gate to go along a fenced-in footpath for 60 metres, to then come out to a road and turn left.
(Turning right here leads to the west entrance of Holy Trinity Church and, after a further 150 metres, you reach the entrance to Lyde Garden, a suitable picnic spot.)

In 160 metres you arrive at the lunchtime pub, the Lions.

After lunch, coming out of the main entrance of the Lions, turn left across a lane into a field, where you turn half left, towards the far left-hand corner of the field, your direction 200 degrees. In 250 metres, at the field corner, veer right onto a car-wide bridleway ('Swan's Way'), your direction 220 degrees.
[!] After 350 metres, where the bridleway crosses a field boundary, turn half right, taking a footpath diagonally across a field, your direction 260 degrees. In 200 metres, on the far side of this field, you pass under mini pylon electricity cables, and cross a stile to go along a fenced-in footpath.

In 220 metres cross a stile, to keep straight on across the field, ignoring a stile uphill to the left, your direction 260 degrees. In 70 metres cross over a stile and continue ahead to then go through a wooden gate onto a driveway.

In a further 45 metres at a $T$-junction with a lane [6] turn left uphill along a car-wide earth track bridleway, leading into a wood, your direction 120 degrees.

In 200 metres you reach a junction with bridleway signposts left and right. Turn right, signposted to 'The Ridgeway $1 / 4$ mile', your initial direction south. Continue uphill along this car-wide earth track. (In muddy conditions you may prefer to take an intermittent footpath to the right.)

After 300 metres, at a bridleway crossroads, turn half right onto a carwide level earth track, rejoining the Ridgeway (marked by a signpost), your direction 240 degrees. In 170 metres you pass by a metal gate entrance to a nature reserve on your left and a second metal gate entrance after a further 180 metres.

In a further 220 metres, having come out of the wooded area and gone past a house on your left, you reach a crosspaths marked by a four-armed signpost. Turn left uphill, your initial direction 130 degrees. In 80 metres the footpath forks. Take the right fork, your initial direction 170 degrees. In 30 metres continue ahead, marked by a yellow (footpath) arrow on a post.

After 25 metres you enter a wooded area, the gradient now steeper going up
Chinnor Hill. In 200 metres you pass by a tree on your right with a clear white painted footpath arrow pointing ahead. Continue uphill, following the white arrows.

In 200 metres follow the footpath as it veers half left to go up some steps. In 15 metres veer left, now with a wire fence to your right. In 120 metres go through a wooden horse blocking barrier [7], and turn right along a lane (Hill Top Lane), your initial direction 190 degrees.

In 350 metres at a $T$-junction with Red Lane, cross over and turn left, your initial direction 130 degrees.

In 150 metres, just past the entrance to Woodlands Farm on the left, fork left through a metal kissing gate, following a footpath signpost, your direction 130 degrees. In 10 metres you pass under
mini pylon cables and in 60 metres cross over a stile.

In 25 metres go over another stile and after 70 metres (having passed by two barns on your right), continue along a car-wide shingle track, your direction 110 degrees.

After 300 metres come out onto a road and turn right to go along the grass verge on the left side of the road.

After 150 metres, as the road curves right, turn left over a stile, marked by a metal footpath signpost. Keep to the lefthand edge of a field, your initial direction 110 degrees. In 250 metres, at the left corner of the field, cross over a stile to enter a wood along a car-wide track.

After 150 metres at the end of the wood, cross a stile to carry on down the lefthand edge of a field. In 400 metres at the bottom corner of the field, cross a stile and continue straight up across the next field, gradually converging with its lefthand side, your direction 140 degrees.

In 300 metres at the upper left-hand corner of the field, cross a stile [8] to come out onto a bridleway, and turn left, your initial direction 110 degrees. In 400 metres you join a car-wide tarmac track to continue ahead, your direction 150 degrees.

In 400 metres, at a lane $T$-junction, fork left down a lane, your direction 120 degrees.

In 110 metres turn left at a two-armed footpath signpost, your direction 60 degrees. After 25 metres cross a shingle drive to then go through a wooden gate into the next field to go across it, (towards a church).

In 200 metres go through a wooden gate at the top corner of the field to come out to a lane T-junction. Continue ahead up the lane for 35 metres into the churchyard of St. Mary the Virgin, Radnage.

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After visiting the church turn left through the churchyard for 60 metres, cross a brick stile and then go through a wooden gate. Turn half right down across a field, your direction 110 degrees. In 80 metres go through a wooden gate into the next field, to continue in the same direction down across this field.

After 70 metres go through a wooden gate and turn half right, your direction 170 degrees, up towards the corner of the field. In 140 metres go through a wooden gate, now with a wood on your left, your initial direction south, as the footpath veers round to the left.

After 250 metres having gone through two wooden gates, you cross the upper edge of a narrow field and in 20 metres, go through a wooden gate. In 5 metres you pass on your right a field fence corner post with a white arrow and yellow footpath arrow pointing ahead and a yellow footpath arrow to the right. [!]After 2 metres turn left up a footpath, marked by a post to the right of the footpath, your initial direction 350 degrees.

Continue up the footpath as it works its way up the hill, (veering to the right later on) to Bledlow Ridge.

In 250 metres the incline becomes less steep. In 60 metres you pass by a footpath down to your right and, after a further 30 metres, you reach a footpath junction at the top where you turn right.

After 10 metres there is a fence and a field on your right; your direction now 60 degrees. In 350 metres go through a metal kissing gate and then, after 150 metres, cross the main road. [9] (If taking a late lunch, turn left for the Boot.)

Continue ahead along a car-wide shingle driveway, which curves to the left. After 150 metres where the driveway ends, continue along a fenced-in footpath. In 100 metres you reach the corner of a field with a stile to the right of a wooden fieldgate. [10] Cross the stile to go down
the right-hand edge of the field, your initial direction 10 degrees.

After 140 metres turn right through a metal kissing gate and then turn half left, downhill across a field, heading towards the right of some evergreen trees, your direction 40 degrees.

As you cross the brow of the slope, a metal kissing gate to the right of the evergreen trees becomes visible. After 220 metres go through the kissing gate and turn left along the left-hand edge of a field, which you follow for 300 metres until you reach a metal kissing gate in the corner of the field in front of some farm buildings. Go through the kissing gate and turn right along a driveway.

After 150 metres turn left at a $T$-junction, marked by a three-armed signpost, and then follow the left-hand edge of a field on a car-wide tarmac bridleway, your direction 340 degrees. In 60 metres, where the tarmac driveway ends, continue ahead along the car-wide earth track, passing by a stile on your left after 100 metres. In a further 70 metres at a path junction, (marked by a wooden footpath post), fork right to go across the field, your direction 60 degrees.

In 270 metres, having crossed the field, you reach a stile. Do not cross the stile but turn right along the left-hand edge of the field, your direction 140 degrees. After 200 metres you pass under some National Grid cables; in a further 80 metres go through a gap and continue in the same direction along the left-hand edge of the field.

In 600 metres you come out to a lane (Haw Lane). Cross the lane and then cross a stile to go along the right-hand edge of a field. In 120 metres, at the corner of the field, go through a gap in a barrier to the right of an overgrown stile, and continue up the right-hand edge of the next field.

In 180 metres cross into the next field and continue up in the same direction along the upper right-hand edge of the

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field. In 300 metres, at the top corner of this field, go past a redundant stile to fork left for 20 metres to come out at the top corner of the next field.

The footpath leads diagonally down across the field, to the entrance where you came in ( 20 metres to the right of a mini pylon pole at the bottom field boundary), your direction east. (However depending on the time of year and the state of the field, you may prefer to go down the left-hand edge of the field and then turn right at the bottom corner to go along the bottom left-hand edge of the field.) At the bottom edge of the field, go through the hedgerow, passing a double metal fieldgate on your left, and then turn left to go down the lane for 280 metres to reach Station Vale on your left.

For the suggested tea place, continue under the railway bridge for 80 metres to the T -junction with the main road. Turn right for the short distance to the Golden Cross. After tea retrace your steps to Station Vale and back up to Saunderton station.

## WALK OPTIONS

## a) Short walk directions:

Follow main walk directions until [3]
Do not go through the wooden kissing gate. Turn left, along a bridleway into a field, your direction 170 degrees. In 350 metres go through the field exit.

Continue down a car-wide earth track along the right-hand edge of the next field, your direction 220 degrees. In 160 metres, at a path junction marked by a wooden post, continue straight ahead to reach another path junction after 40 metres, again marked by a wooden post. Continue up a car-wide earth track across the next field, in the same direction.

In 360 metres go through a metal gate and continue more steeply up across the field between fences to Bledlow Ridge. After 220 metres, at the top of the field
go through a wooden gate and continue along a car-wide shingle track. In 50 metres the shingle track joins a tarmac lane, your direction 210 degrees.

In 120 metres take a fenced-in footpath forking off to the left, marked by a twoarmed footpath signpost, passing to the left of a redundant stile, your direction 210 degrees. After 120 metres go through a metal kissing gate into a field, to go down its left-hand edge. In 100 metres at a dip of in the field, continue uphill for 20 metres to its corner, and go through a wooden kissing gate.

Continue, with a wooden fence on your right, your direction 150 degrees. After 180 metres you cross over a shingle driveway, and continue along a fenced-in footpath.

In 350 metres cross over a stile to reach the corner of the field on your left, with the stile you have just crossed to the left of a wooden fieldgate and another stile to the right of the wooden fieldgate.

If you are not intending to take lunch at the Boot, you now follow the main walk directions from [10]. Otherwise, continue ahead along the footpath. After 100 metres the footpath leads out to a shingle driveway. Follow the shingle driveway as it veers to the right to come out to a Tjunction after 150 metres. Turn right for the short distance to the lunch stop, the Boot.

After lunch, coming out of the main entrance of the Boot, turn left for a short distance along the main road, to then turn left onto the shingle driveway.

Follow the main walk directions from [9].

## b) Alternative ending at Princes Risborough:

Exit Saunderton station down the approach road and turn left under the railway bridge, to then cross the main road with care to go along Smalldean Lane. In 150 metres immediately after passing by a service road on your right

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(leading to an office block), veer right across a small grass area towards a wooden gate.

Go through the wooden gate into a field, to follow a permissive path along its lefthand side bordered by a hedgerow.

In 300 metres you pass by a double metal fieldgate on your left, to continue ahead along the left-hand side of the field. In 500 metres at the far left-hand corner of the field (with farm buildings ahead), follow the field edge round to the right. In 100 metres, turn sharp left along a car wide track, your initial direction 10 degrees, to follow the footpath through a farmyard. In 120 metres you come out to a lane and turn left.

After 90 metres, turn right and in a further 15 metres, go through a gap into a field to go up across it, your direction 290 degrees. In 70 metres follow the footpath up and round to the right, with a wooded field edge boundary on your right-hand side. After 160 metres at the right-hand field corner, go through a car wide gap to continue up the right-hand edge of the next field.

In 350 metres at the right-hand corner of the field, go through a metal gate (left of a metal fieldgate) into the corner of the next field, to continue up its right-hand side. After 200 metres at its upper righthand corner, (ignore a metal gate into a small wood on your left), go up a fenced in car wide track. In 35 metres go through a metal gate, to continue through a wooded area for 40 metres, to emerge into the upper corner of a field to go along its right-hand wooded border, your direction 10 degrees. In 240 metres at the right-hand field corner, continue up a car wide track for 30 metres to go over a stile (right of a metal fieldgate), into the corner of a field to go along its upper right-hand side, your direction 10 degrees.

In 40 metres ignore a fork off to the right to continue along the upper righthand side of the field. In 300 metres at the field corner, cross over a metal stile
(left of a metal fieldgate), to turn right up Lower Road. After 100 metres you pass by a footpath off to your right. In a further 250 metres you reach Loosely Hill up to your right.

If taking lunch at the Whip Inn, Lacey Green, turn right up Loosely Hill for 300 metres to reach a crossroads (Lacey Green) with the Whip Inn ahead. (After lunch retrace your steps back down to Lower Road.)

Otherwise continue ahead down Lower Road. In 100 metres, turn left through a kissing gate to go down an (initially) fenced in car wide track (signposted Chiltern Way), your direction west.

In 500 metres just before some tall black gates leading onto a lane, fork right along the left-hand side of the field bordered by a hedgerow. In 200 metres cross the Wycombe Road with care, to go through a wooden kissing gate to reach the corner of a field. Veer right across it aiming for a footpath post, (between the base of two trees very close together may seem to be one tree from a distance) on the far side, your direction 280 degrees.

After 370 metres at a footpath post, cross over a bridleway to go into the next field to continue across it. In 50 metres at the field boundary veer right up along the left-hand side of the field, (with a railway cutting down to your left). After 450 metres turn left through a metal gate to cross the railway (with the entrance to Saunderton railway tunnel down below to your left), to then go through a metal kissing gate to emerge into a field to follow the Ridgeway signpost down across the field, your initial direction 190 degrees. In 120 metres go through a metal kissing gate, and in 40 metres cross another railway line to go through a metal kissing gate, to go along an enclosed footpath. After 280 metres go through a metal gate, to go up a fenced in wide footpath. In 500 metres cross over a lane, to go up the left-hand side of a field (marked by a Ridgeway signpost), your direction 240 degrees. In 340

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metres at a path junction by the left-hand corner of the field, turn right to continue straight up the left-hand edge of the field, your direction west.

In 200 metres, at the left-hand field corner, continue up to go through a (missing) wooden gate after 20 metres. In a further 60 metres you reach a wooden kissing gate with a three-armed signpost.

You now pick up the main walk directions from [3] until [5] to then resume the directions below (unless of course you are finishing at Saunderton.)
[§] After 500 metres, at the right-hand corner of this field, go over a stile and continue along a fenced in footpath until you reach a road after 60 metres.

If taking lunch at the Lions, Bledlow, turn left for 160 metres.

Otherwise turn right.
In 400 metres at a $T$-junction, turn left down the road. After 120 metres turn right up a car wide track (footpath), your direction east. In 140 metres go through a wooden gate (right of a wooden fieldgate), and in 40 metres go through a wooden kissing gate into the corner of a field, to go along its fenced-in right-hand side. In 150 metres at the field righthand corner, go through a wooden kissing gate to continue along the fenced-in right-hand side of the next field. In 180 metres go through a wooden kissing gate, and turn left along a car wide track. After 60 metres turn right past a derelict stile into the corner of a field, to go along its left-hand side. In 350 metres go through a car wide gap into the next field, to cross it, passing to the right of an HV pylon pole after 90 metres. In a further 200 metres cross over a 3 plank one-railed footbridge, to go through a wooden gate to continue in the same direction across this next field.

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After 150 metres go through a wooden gate (left of a wooden fieldgate), to come out onto a lane, (passing by a pond on your left and a church on your right). In 160 metres follow the lane round to the right, (ignoring footpaths to your left and right). In 280 metres you pass by some tennis courts off to your left. After a further 400 metres, turn left across a bridge over the railway line.

Either
(i) Continue ahead into Princes Risborough for a pub.

Or head straight for the station.
(ii) Turn left down some steps to go along an enclosed footpath leading to Princes Risborough station.

## Lunch \& tea places

Lions Church End, Bledlow, HP27 9PE (01844 343345). Open/food served noon-2.30pm, 6-11pm Mon-Sat; noon$2.30 \mathrm{pm}, 7-11 \mathrm{pm}$ Sun. Located 7 km (4.3 miles) from the start of the walk, this pub has an extensive garden and is the suggested lunch stop for the main walk.

Boot Chinnor Rd, Bledlow Ridge,HP14 4AL (01494 481499). Open 11am-11pm, closed Mon, 3-5pm Tue - Wed, 7pm Sun. Mon-Sat; noon-4pm, 7-10pm Sun. Food served noon - 2.30pm, to 6 pm Sun. 610 pm . The Boot serves good food and is the suggested lunch stop for the short walk option, 4 km ( 2.5 miles) from the end of the walk.

Golden Cross Wycombe Road, Saunderton, HP14 4HU (01494 565974).
Open noon-11pm Mon-Sat; noon-
10.30 pm Sun. Food served noon-
2.30pm, 7-9.30pm Mon-Sat; noon-7pm

Sun. This pub, close to Saunderton station, offers tea and coffee.

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[^0]:    Princes Risborough ending via Lacey Green:

    The Whip Inn Pink Road, Lacey Green, HP27 OPG (01844 344060) Food served. Located 3.5 km from the start of the walk.

