



South West Coast Path : Weymouth to Lulworth Cove walk

Weymouth Bay, then a dramatic cliff walk past small beaches, then higher cliffs past Durdle Door (stack) to Lulworth Cove

Length 11.1 miles / 17.8 km

Toughness 8 out of 10 - 2,400 feet / 730m of ascent (lots of small climbs)

Features This spectacular coast walk follows the waymarked South West Coastal Path (SWCP) from Weymouth (seaside town with pictureque harbour) along its seafront promenade, then over cliffs and past secluded coves and beaches towards Durdle Door (stack) and Lulworth Cove. All, with views over Weymouth Bay and the Isle of Portland.

The start is gentle - along the seafront then seawall. Then over a small hill (pub, cafe, both with views) to Bowleaze Cove with its spectacular art deco hotel. Then past some small beaches to the Smuglers Inn in Osmington for lunch. After lunch the path climbs to an undulating ridge (a more level inland option is available) past Durdle Door (a stack, great beach) before descending to Lulworth Cove.

Return to Wool Station by bus (summer only) or taxi

This walk can also be done in reverse, indeed transport considerations may may that a better option. In this case, take a bus from Wool to Lulworth Cove. At the end, continue along the coast to Weymouth's Historic Harbour area which is much nicer than the tacky seafront next to the train station

You hardly need a map for this walk as the SWCP is very well waymarked, and you are just following the coast, but it is useful to check your progress. The paths and signs were updated for 2012 the Olympics (the sailing events were in Weymouth)

You can swim in Weymouth, by Overcombe, Osmington Mills, Ringstead/Burning Cliff (there's a path up at the end), Durdle Door (St Oswald's Bay), and Lulworth Cove

Walk Options

1. Lulworth to Weymouth : Start in Lulworth Cove, and walk to Weymouth - Lulworth has year round morning bus service.
2. Upwey to Lulworth : Start at Upwey Station. A little (1km) longer, but it avoids the long promenade walk around Weymouth bay at the start of the main Jurassic Coast part of the walk. You also get to walk through [Lodmoor RSBP Nature Reserve](#) (website has a pdf map or the reserve)
3. Even if walking along the seafront route, you can cross the seafront road, and walk through the Lodmoor nature reserve on the path parallel to the beach

Eat

- Weymouth : Many places, if you finish here, carry on along the coast to the harbour and old Town, which is very scenic (0 km from the start)
- Overcombe : After the Oasis Cafe on the seafront promenade, you walk up Bowleaze Causeway road for:
 - [The Spyglass](#), Overcombe, DT6 3PL - cheap, but nice carvery (£6, Sun £8) pub, cliff top beer garden with great views, after the end of seafront promenade, and 100m along Bowleaze Causeway road (3.4 km)
 - Lookout Cafe, Overcombe, DT6 3PL - small cafe on the cliff top with even greater views, about 200m after the pub (3.6 km)

- Osmington Mills : [Smugglers Inn](#), Osmington, DT6 3HF, [01305 833 125](#), popular, seafront pub (8 km)
- Lulworth Cove : [Lulworth Cove Inn](#), Nice pub to await your bus or taxi, Badgers beers, same chain as the Smugglers Inn, several other places (20 km)

Travel Weymouth: 2 trains per hour (1 on Sunday), about 3 hrs. Upwey, 1 stop before Weymouth, has 1 train an hour.

Wool (nearest station to Lulworth Cove): 1 per hour, about 2 hrs 45

Suggested train from London : This walk is better as part of a weekend, as the trains take 3 hours each way and its a long walk with swimming and sightseeing, but for a day trip, as early as possible - take the train closest to 8:30

See below for Wool Station - Lulworth Cove buses

There are regular buses from Overcombe (at the end of the sea wall) to Weymouth Station to shorten the start/end of the walk

Stay Weymouth is big enough to have lots of everything. See below for Lulworth Cove

SWCP The South West Coast Path (SWCP) is the longest of the national paths and follows the coastline of Somerset, Devon, Cornwall, Devon again and finally Dorset. This section, along the Exmoor coast, is its traditional start, as is done anti-clockwise.

The walk may be done as one long walk, staying overnight along the way, or as a series of day walks, returning by bus to your car or accommodation.

By car, you'd be better in a B&B, renting a cottage, or staying in one of the caravan parks near Combe Martin, and doing day trips by car (returning to it by bus), then you don't have to worry about carrying your kit, provisions, booking accommodation, etc. With 2 cars you can shuttle, and have far more freedom over how far you walk each day.

Stages Minehead is a large seaside resort town with shops accomodation, but only heritage rail, not national rail.

- [Day 1\) Minehead to Porlock Weir : 14.1km / 8.7 miles / 408m of ascent](#)

Porlock is a small touristy village with several pubs, restaurants and B&Bs a few km inland. Porlock Weir on the coast has a hotel and a good pub.

- [Day 2\) Porlock Weir to Lynmouth : 18.5km / 11.5 miles / 1,072m of ascent](#)

Lynmouth (seafront) and Lynton (above it at the top of the hill) are a large very touristy village with lots of accomodation. Year round bus service inland, but summer only bus service along the coast

- [Day 3\) Lynmouth to Combe Martin : 21.8 km / 13.6 miles / 1,250m of ascent](#)

Coombe Martin is a small seaside village a few km from a much larger one - Ilfracombe

Links The SWCP National Trail website has more details on each day's route. The SWCP Association has an annual handbook with updated accommodation guide.

- [SWCP Association](#) : updated accommodation and trail news
- [SWCP Official Website](#) : details of each day (choose 'longer walks')
- [Exmoor Public Transport](#)

Lulworth Cove Lulworth Cove, nearby Durdle Door (a cliff arch) and the dramatic white cliffs' coastal scenery are stunningly beautiful, and very popular and busy on sunny summer weekends.

Travel

Wool Station is 7 kilometres north of Lulworth Cove on the Waterloo to Weymouth Main Line. Trains are hourly. Journey time 149 mins Mondays-Saturdays, 154 mins on Sundays.

Wool Station to Lulworth Cove: bus or taxi

Updated : July 2019. Check online, recently these bus services have changed **every** year! Check [Traveline South West](#).

- **30: Swanage - Corfe Castle - Wareham station - Wool station - Lulworth Cove - Osmington - Weymouth King's Statue.** 25 May - 02 June & 24 June - 21 September: Daily. 03 - 23 June: Weekends Only. Hourly. First bus from Wool

station to Lulworth Cove: 10.13 Mon-Fri, 10.16 Sat-Sun. Last bus from Lulworth Cove to Wool station 18.14.

- **X54: Weymouth King's Statue - Osmington - Durdle Door - Lulworth Cove - Wool Station - Wareham Station - Poole.** Daily April to September, weekdays only in winter. From Wool station to Lulworth Cove at 10.39, 13.19 etc. From Lulworth Cove to Wool station at 10.43, 13.13, 17.23. Last bus from Lulworth Cove is the 19.45 in the opposite direction to Weymouth.
- **55: Weymouth King's Statue - Osmington - Durdle Door - Lulworth Cove - Wool Station - Bovington Camp.** Weekends 19 April to 15 September plus daily during Dorset School Holidays (24 July - 30 August). From Wool station to Lulworth Cove at 12.15, 13.15, 15.15 etc. Mon-Sat & Bank Hols and 12.42, 13.42, 15.42, 17.05 Sun. From Lulworth Cove to Wool station at 11.40, ..., 15.40, 16.40 Mon-Sat & Bank Hols and 11.40, 13.04, 14.07, 16.07 Sun.
- **Fares are** about £2 from Wool station. Note that **returns** bought on the Damory Purbeck Breezer 30 **are not valid** on the First Wessex X54 and 55, and vice versa!
- **Taxis:** Lulworth – 01929 400864, 07949 522 533, 01929 444 546, 01929 400 409; Wool – 01929 463 395, 01929 558 119, 01929 500 604, 07751 769 833. [Aug-19] **Expect fares of** about £15 (and £22 for an 8-seater).

Wool has two pubs close to the station to await your train, and a local store that keeps long hours.

By Car

About 3 hours drive from London.

- On the ridge above Tyneham is Povington Hill Car Park (free, no postcode), not far from East Lulworth. You can park in Tyneham itself (£2 suggested).
- There are large, expensive car parks at Lulworth Cove (BH20 5RQ), and by Durdle Dor campsite, or you can park for free about 1 km inland in West Lulworth village (BH20 5SG).

Stay

West Lulworth has a YHA youth hostel, a HF hotel, a campsite (mostly caravans, but they take tents), and B&Bs and Hotels.

Help Us! After the walk, we would love to get your [feedback](#)

You can upload photos to the [SWC Group on Flickr](#), and [videos to Youtube](#). This walk's tags are:



By Car **Start** DT4 7BN **Finish** Main Road, West Lulworth, Dorset, BH20 5RQ

Map Walk This walk **requires** an OS map and a compass or GPS for navigation. You can print out OS maps using the link above.

Help National Rail: 03457 48 49 50 • Travelline SE (bus times): 0871 200 2233 (12p/min) • TFL (London) : 0343 222 1234

Version Jan-20

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Walk Directions

1. **Weymouth Station Start**
2. From the station, turn left for the sea, and left again (north) along the seafront. There are shops, cafes and amusements at first. (1 km)
3. Next is a long sea wall - inland from here is the Lodmoor RSPB Nature Reserve. (1.5km)
4. **Upwey Station Start**
5. Follow the route shown on the OS map page to, then through, the Lodmoor Nature Reserve (not walk checked, use an OS map)
6. **Both routes continue**
7. At the end of the long flat seafront path, just before the low hill, is the Oasis Cafe. There are regular buses from here to/from Weymouth Station.

8. Leaving the coast, follow a road (Bowlaze Coveyay) that climbs the low hill/cliff, past the Spyglass Pub (great terrace) and Lookout Cafe (even better terrace) to Bowlaze (beach with tacky amusements and a very large Art Deco hotel that is a landmark on the bay (1 km)
9. Follow the undulating coast past a series of small beaches to Osmington Mills and the Smugglers Inn (3.5 km)
10. Continue along the coast to Ringstead (summer/weekend kiosk) and Burning Cliff (National Trust) beaches, then climb up to higher cliffs (3 km)
11. Follow the cliff edge to White Northe (headland).
12. There are 2 routes to Durdle Door (stack, nice beach) (4.5 km)
 - Either continue along the cliff edge path (prettier, lots of ups and downs)
 - Or follow an easier, parallel path slightly inland (when you see a farm and campsite, veer right, down to Scratchy Bottom!, to rejoin the coast path to see Durdle Door).
13. After Durdle Door (steps down to a beach with an arch), gently descend to Lulworth Cove (nice pub, cafe) (2.5km)
14. After exploring the cove, the bus stop is now just inside the pay car park area. Taxis pick up in the turning circle.

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